PITCH MEASUREMENT
Size recommended is 36m (39.37yd) long by 18m (19.68yd) wide, where possible. The pitch should remain rectangular with the length exceeding the breadth, the ratio being 2:1.

PENALTY SPOT
Measured 6m (6.56yd) from the midpoint of the goal line.

CENTRE SPOT
Centre of the pitch. Radius of 1m (1yd).

GOALKEEPER’S AREA
Measured from the centre of the goal, forming a semi-circle at a radius of 7.5m (8.2yd).

GOAL POST
Suggested height of 1.22m (1.33yd) and 4.88m (5.34yd) in width and sometimes extend into the goalkeeper’s area.

LINE WIDTH
5cm (1.97in).

COLOUR
Typically red on indoor pitches and white on outdoor pitches.