DISTANCE
200m (218.72yd).

TRACK LENGTH
Based on parallels of 25.01m (27.35yd) and a radius of 23.87m (26.1yd) marking the two turns. Measurement is taken 30cm (11.81in) from the inner edge for Lane 1 if there is a raised border, or 20cm (7.87in) if there is no border.

All other lane distances are measured 20cm (7.87in) from the white line.

LANE WIDTHS
Marked 1.22m (1.33yd) wide and no more than 1.25m (1.37yd).

When the inner edge is a chalk line: Lane 1 measures 1.12m (1.22yd). The measurement being taken from the outside edge of one marking line to the outside edge of the next line, going outwards from the track-side of the inner kerb. All semicircular curves will be equal.

STAGGERS
Lanes 2-8 measurements are taken along a 20cm (7.87in) line from inside edge of each lane.

LINE WIDTH
5cm (1.97in) wide.

COLOUR
White.
FINISH
FOR ALL DISTANCES

Lane distances are taken 20cm from white line
(30cm from the inner edge of Lane 1 if there is a raised border).
Lane widths are 1.22m (max. 1.25m) measured from the
outside edge of one marking line, to the outside edge of the next.
Line widths are 5cm.